

## Seminar on Primary and Secondary Physical Education Teachers Training for Developing Countries

<b>Name</b>	Seminar on Primary and Secondary Physical Education Teachers Training for Developing Countries		
<b>Organizer</b>	Zhejiang Normal University		
<b>Time</b>	June 16-29, 2023	<b>Language</b>	English
<b>Professional Background</b>	Physical education teachers and related personnel in primary and secondary schools in developing countries		
<b>Number of Participants</b>	25		
<b>Requirements</b>	<b>Age Limit</b>	(Seminars) Under 45 for officials at or under director's level; under 50 for officials at director general's level	
	<b>Health Condition</b>	Be in good health and provide a health certificate or medical examination form issued by a local public hospital; free of conditions that are prohibited from entry into China under Chinese laws and regulations; free of severe chronic diseases such as hypertension, cardiovascular and cerebrovascular diseases, diabetes, mental illness, or infectious diseases that may pose a serious risk to public health; not in the recovery period after major surgery or acute illness, not severely physically disabled, and not in pregnancy.	
	<b>Language Proficiency</b>	Fluent in English (speaking, writing, listening, and reading)	
	<b>Other</b>	Participants are not allowed to bring their spouses, family members, or friends with them during the training.	
<b>Host city</b>	Jinhua, Zhejiang Province	<b>Local Temperature</b>	Summer, about 30-38°C
<b>Cities to visit</b>	Hangzhou, Dongyang, Shanghai	<b>Local Temperature</b>	Summer, about 30-38°C
<b>Notes</b>	<p>1. Please prepare research materials related to physical education in primary and secondary schools for exchange and discussion.</p> <p>2. Please wear formal attire, traditional attire, or leadership uniforms to attend formal events. Please also prepare comfortable shoes and sportswear for participating in sports courses or</p>		

	<p>using campus sports facilities.</p> <p>3. Please bring commonly used medications to prevent and treat malaria, colds, etc.</p> <p>4. Computers are not provided in the hotel. If needed, please bring your own.</p> <p>5. In principle, participants are not allowed to change their flights to and from China. If there is a need, please contact the commercial office to follow the procedure for changing tickets. If there are special circumstances that prevent you from departing on time or cause flight delays during transfer, please contact the commercial office or the program team in a timely manner to inform them of the latest flight information so that they can arrange for airport pick-up.</p> <p>6. Please confirm whether you need to re-check your luggage when transferring. After landing and retrieving your luggage, please wait patiently at the international or domestic arrival exit, where the program team holding a pick-up sign with “Zhejiang Normal University” written on it will meet you. If you have been waiting for more than 15 minutes, you can contact the project contact persons by phone.</p>	
<b>Contact of Organizer</b>	Contact Person(s)	Xu Ping, Li Hui
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<b>About the Organizer</b>	<p>Zhejiang Normal University (ZJNU), established in 1956, is a key provincial university known for its teacher education. Over the past 67 years, ZJNU has nurtured more than 300,000 talents including 200,000 in the educational field. It is thus acclaimed as the “cradle for basic education teachers in Zhejiang Province”. ZJNU currently offers 11 doctoral programs on Level-I subjects, 1 professional doctoral program on Education, and 7 postdoctoral research stations. It has distinguished itself in educational research, African studies, and children’s studies. ZJNU has ranked among the top 100 universities in China for 13 consecutive years in credible university rankings. It upholds the value of educational internationalization and has established partnerships with more than 280 foreign educational institutions situated in over 60 countries and regions spanning 5 continents. It has collaborated on study abroad and exchange programs with more than 70 foreign universities, and it has welcomed over 3,000 international students participating in short-term, long-term, and CSC scholarship programs.</p> <p>Over the past decades, ZJNU plays an active role in international exchanges and cooperation by taking full advantage of its strength. It serves as the “Base for Educational Aid and Development” approved by the Ministry of Education, the “China Aid Training Center for Primary and Secondary Education” approved by the Ministry of Commerce, and the “China-</p>	

	<p>ASEAN Education and Training Center” approved by the Ministry of Foreign Affairs and the Ministry of Education. Up to the present, ZJNU has held 215 foreign aid training programs with outstanding participants such as Faustin-Archange Touadéra, the sitting president of the Central African Republic. In 2022, ZJNU successfully held 12 online seminars which were well received.</p> <p>The College of Physical Education and Health Sciences at ZJNU currently offers 2 undergraduate majors – Physical Education and Social Physical Education. The Physical Education major is a prominent and emerging major in Zhejiang Province, and it’s a nationally recognized undergraduate major. The Social Physical Education major is a distinctive major at the university level. The college has undertaken various high-level programs such as the “National Teacher Training Program”, the training program for teachers in Western China, the national special training program for backbone football teachers, and the “Outstanding Teacher in Zhejiang” training program for high school PE teachers. In anonymous evaluations of participants of the “National Teacher Training Program” in the same discipline, the College has ranked first for 4 consecutive years. Furthermore, the College has held the “Seminar on Physical Education Teacher Training for English-Speaking Countries in Africa” and the “2019 Seminar on Cultural and Sports Development for Burkina Faso” supported by MOFCOM. The College was authorized by the MOE to carry out the review of the “National Student Physical Fitness Standards” for primary and secondary schools in several provinces and cities, including Jiangsu, Jiangxi, Tianjin, and Guangdong. Additionally, it was authorized by the Department of Education of Zhejiang Province to undertake physical fitness testing for students in public higher education institutions in Zhejiang Province.</p>
<p><b>Training Content</b></p>	<p>This seminar consists of lectures, case studies, cultural experience as well as visits to schools. The training program will invite experts and scholars in the field of primary and secondary physical education to give lectures on various topics, such as China’s national conditions, Sports Development in Chinese Primary and Secondary Schools, Promotion of Healthy China Through Universal Physical Exercise, Development and Evolution of Chinese Competitive Sports over the past 40 years, etc.</p> <p><b>1. Lecture Content</b></p> <p>(1) Overview of China’s National Conditions: introduces China’s cultural and historical traditions, geography, social and economic development, and international relations. The cultural and historical traditions part includes its value systems, ethical and moral concepts, religious beliefs, artistic concepts, ethnic traditions, and customs. The geography part covers geology, landforms, topography, and climate. The social and economic development part includes ethnicity, economic strength, scientific research, system structure, education scale, structure and level, political system and policies, etc.</p>

The international relations part includes foreign policy and diplomatic events. The lecture aims to provide participants with a basic understanding of China's social environment for future learning and communication.

- (2) Overview of Sports Development in Chinese Primary and Secondary Schools: This lecture primarily covers the development, teaching philosophy changes, learning evaluation mechanisms, curriculum improvement, teacher training, and future development trends in physical education in Chinese primary and secondary schools. It focuses on the interpretation of the *Compulsory Education Physical Education and Health Curriculum Standards* published in April 2022 by MOE, which marks the future development trend of physical education and health curriculum during China's compulsory education. The document explains the curriculum's nature and philosophy, core competencies and objectives, curriculum structure, content, and academic quality from various perspectives. This comprehensive understanding of physical education in Chinese primary and secondary schools enables participants to better grasp the overall construction and development trends of the physical education and health curriculum.
- (3) Promotion of Healthy China Through Universal Physical Exercise: As a prominent national strategy in China, the significance of universal physical exercise is increasing. This lecture focuses on the proposal, implementation, and effectiveness of the strategy, along with policy support from the Chinese government and active measures taken by local authorities. Additionally, specific cases of universal physical exercise implementation in Zhejiang, Shanghai, and Jiangsu are presented to illustrate the development of universal physical exercise in China. This includes the construction of sports infrastructure and facilities, training of sports organizations and instructors, as well as participation in sports activities. This lecture aims to provide a comprehensive understanding of the Chinese universal physical exercise strategy implementation from the macro and micro perspectives.
- (4) Development and Evolution of Chinese Competitive Sports: Over the past two decades, Chinese competitive sports have made significant strides and achieved numerous historic breakthroughs. In the last decade, it has undergone a transformation, with Chinese athletes consistently winning medals in international competitions, thereby projecting a more open, confident, and respectable image of China to the world. Chinese competitive sports have now established themselves as a major player in sports development. This lecture explores the development process, notable achievements, future directions, and the new national sports system's basic framework in China, aiming to provide participants with a dialectical understanding of the evolution of competitive sports in China.
- (5) Introduction and Experience of Traditional Sports Culture and Activities in China:

Traditional sports culture in China originates from daily life and is a unique form of culture that manifests through the body and movement. It is an important component of traditional culture, embodying the essence of Chinese traditional culture's "harmonious moral values". Traditional sports culture highlights virtues such as respecting teachers and emphasizing the importance of courtesy, humility, and restraint, which are often missing in modern sports culture. This lecture will introduce the fundamental concepts, general characteristics, value orientations, and the connection between cultural confidence and Chinese traditional sports culture. It will also offer experiences in traditional sports activities, including martial arts, Tai Chi, Tai Chi fan, and diabolo, to help participants gain a deeper understanding of Chinese traditional sports culture and practical knowledge through sports activities.

- (6) Learning and Experiencing Physical Education Teaching in Chinese Primary and Secondary Schools: Physical education classes in Chinese primary and secondary schools typically include track and field, basketball, football, volleyball, aerobics, etc. This training program aims to provide practical courses that align with the physical education curriculum of Chinese primary and secondary schools. The instructors are national-level trainers and referees, and they will provide instruction on the content, teaching methods and techniques, and organizational aspects of each sport, enabling participants to experience and integrate into Chinese physical education teaching.
- (7) Theory and Practice of Sports Games: Sports games are beloved by students as they offer a rich and diverse range of activities, with lively and engaging formats that incorporate a variety of functions, including entertainment, fitness, and education. By taking into account the physical and mental development of students, as well as the learning objectives of physical education, this training session will explore the theory behind creating sports games, including the principles and techniques for integrating these games into physical education teaching for primary and secondary school students. We will introduce several commonly used sports games in Chinese primary and secondary school physical education, and provide practical experience for participants, to help them develop a better understanding of sports games.

## **2. Lecturer Profile**

- (1) Zhang Genfu: Ph.D. in History, Professor, Ph.D. Supervisor, Vice President of Zhejiang Normal University, Vice President of Zhejiang Province Association for Higher Education.
- (2) Guan Zhisun: Associate Professor, Postdoc at the College of Physical Education and Health Sciences of Zhejiang Normal University. He is a collaborative Ph.D. supervisor at Bangor University, UK. He used to serve as assistant editor, editorial board member and

reviewer of 4 SSCI journals, editorial board member of CSSCI journal – *Journal of Chengdu Sport University*, and columnist of *Swimming*, Journal of Chinese Swimming Association. He was selected as Zhejiang Province Qianjiang Talent Category C (Humanities and Social Sciences). He received exclusive interviews on British Broadcasting Corporation (BBC) and Australian Broadcasting Corporation (ABC) about disability sports in China. He received his bachelor's and master's degree from Chengdu Sport University, and his Ph.D. degree from the University of Western Australia.

- (3) Sun Xihe: Ph.D., Master's Supervisor, Professor. His research focuses on the cultural differences between Chinese and Japanese sports and he has extensive knowledge of physical education patterns. He is also a member of the Sports History Society.
- (4) Wang Zhangming: Professor and Master's supervisor. He has served as a consulting expert for the Zhejiang Provincial Department of Education "Outstanding Teachers and Schools Training Project" and as the chief program designer of the first National Basic Skills Competition for Primary and Secondary School Physical Education Teachers.
- (5) Wang Shuiquan: Ph.D., Master's Supervisor, and Professor. He teaches courses in physical education.
- (6) Zhu Liang: Ph.D. and Master's supervisor. He is the supervisor of the Shanghai Community Sports Association and co-founder of AI-Sports Education Integration. He has been engaged in research on community sports management and the promotion of universal physical exercise and actively promotes the landing of digital sports industry-university-research cooperation.
- (7) Chen Yijun: sports research and development officer in Jinhua city.
- (8) Luo Chunyan: Associate Professor, international referee, national coach, Deputy Director of the Referee Committee of the Chinese Dragon & Lion Dance Association, Vice President and Director of the Competition and Referee Committee of the Zhejiang Dragon and Lion Dance Association, and Tai Chi instructor.
- (9) Meng Zhaofeng: teacher at the College of Physical Education and Health Sciences at Zhejiang Normal University, Director of the Research and Development Office for National Traditional Sports, and martial arts instructor.
- (10) Peng Fei: teacher at Zhejiang Normal University, Asian Football Confederation B-Level Coach, coach trainer for the Zhejiang Football Association, visiting scholar at Bournemouth University in the UK, and L2-Level Coach of the English Football Association
- (11) Zhang Yanni: coach of the women's volleyball team at Zhejiang Normal University, level-

1 volleyball referee, and instructor of volleyball, air volleyball, and beach volleyball.

During this seminar, we will organize for individuals to engage in daily Chinese language learning, experience the Chinese tea ceremony, and visit schools with unique educational offerings. Through visits to vibrant cities, the participants will be immersed in the diverse and rich culture of China and gain first-hand experience with China's economic, social, educational, and cultural progress since the Reform and Opening-up. The seminar aims to strengthen cooperation and exchanges between China and other developing countries.