

## Training Course on Acupuncture Technology for Developing Countries

Name	Training Course on Acupuncture Technology for Developing Countries		
Organizer	Xiyuan Hospital of China Academy of Chinese Medical Sciences		
Time	2023-11-08 -- 2023-11-28	Language for Learning	English
Invited Countries	developing countries		
Number of Participants	25		
Requirements for the Participants	Age	Under 45 for officials at or under director's level; under 50 for officials at director general's level.	
	Health	In good health with health certificate issued by the local public hospitals; without diseases with which entry to China is disallowed by China's laws and regulations; without severe chronic diseases such as serious high blood pressure, cardiovascular/cerebrovascular diseases and diabetes; without metal diseases or epidemic diseases that are likely to cause serious threat to public health; not in the process of recovering after a major operation or in the process of acute diseases; not seriously disabled or pregnant.	
	Language	Capable of listening, speaking, reading and writing in English during the training	
	others	Family members or friends shall not follow	
Host City	Beijing	Local Temperature	10°C
Cities to visit	Guiyang City, Anshun City	Local Temperature	10°C, 10°C
Notes	none		
Contact of the Organizer	Contact Person(s)	Ms. Wang Jing	
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About the Organizer	<p>The first large-scale traditional Chinese medicine hospital established after the founding of China. The modern comprehensive grade-A first-class Chinese medicine hospital, integrating medical treatment, scientific research, education and health care, ranking the top three in the competitiveness of Chinese hospitals (TCM hospitals) for three consecutive years. It has a complete internal and external department of gynecology and pediatrics, and 35 clinical departments include 8 national-level key specialties. The hospital possesses National Clinical Research Center for Cardiovascular Diseases of Traditional Chinese Medicine, National Engineering Laboratory for Clinical Efficacy and Safety Evaluation of Traditional Chinese Medicine, and other clinical research platforms, the ability of research and study is enormous. The hospital serves as the Peking University Clinical School of Traditional Chinese Medicine, the Beijing University of Chinese Medicine School of Medicine, and the education base of “Western Learning Chinese Class” of the National Health and Health Commission, contributing for the education of traditional Chinese medicine talents for a long period.</p>	

Seminar Content	<p>1. Introduction to main training courses and contents</p> <p>(1) National condition and culture of China: Introduce the development of China's politics, society and history to the students.</p> <p>(2) Basic theories of traditional Chinese medicine: Introduce a series of TCM theories such as Yin and Yang and five elements.</p> <p>(3) The idea of the combination use of acupuncture and medicine in the treatment of bronchial asthma: Introduce the idea of TCM diagnosis and treatment of COPD and asthma.</p> <p>(4) Acupuncture for insomnia: Introduce the treatment of insomnia with acupuncture.</p> <p>(5) Acupuncture for chronic kidney disease: Introduce the application of TCM acupuncture in kidney disease.</p> <p>(6) Three-character Primer Tuina: introduce the origin and development of the three-character Primer Tuina, as well as its commonly-used techniques in clinical application.</p> <p>(7) Experience of fire needle treatment of skin diseases: Introduce the characteristic curative effect of fire needle treatment of skin diseases.</p> <p>(8) Stomach Meridian of Foot-Yangming - Introduction on meridians and acupoints: Introduce the indications and efficacy of acupoints on the Stomach Meridian of Foot-Yangming.</p> <p>(9) Acupuncture and osteopathic therapy for lumbar disc herniation: Introduce the commonly-used techniques of TCM acupuncture in the treatment of lumbar disc herniation.</p> <p>(10) Combination use of acupuncture and medicine for arrhythmia: Introduce the treatment of arrhythmia with acupuncture and integrated traditional Chinese and Western medicine.</p> <p>(11) Tuina techniques: Introduce TCM Tuina techniques for stiff neck, frozen shoulder, cervical spondylosis, lateral epicondylitis, wrist sprains, acute lumbar sprains, and chronic lumbar muscle strains.</p> <p>(12) Clinical Applications of New Materials and AI technologies in the Discipline of Acupuncture and Massage: An introduction to the efficacy of emerging technologies in Chinese medicine in the treatment of chronic diseases.</p> <p>(13) The idea of the combination use of acupuncture and medicine in the treatment of chronic obstructive pulmonary disease: introduce the treatment of COPD in the acute exacerbation stage and clinical remission stage with acupuncture and traditional Chinese medicine. Chronic obstructive pulmonary disease in the acute exacerbation stage.</p> <p>(14) Lingshu Jing: Introduce the viscera, meridians, etiology, pathogenesis, syndromes, diagnosis methods, etc.</p> <p>(15) Overview of TCM appropriate techniques: introduce the traditional Chinese medicine techniques.</p> <p>(16) Combination treatment of acupuncture and medicine for stroke: Introduce the commonly-used TCM techniques for stroke.</p> <p>2. Introduction to the training course</p> <p>The seminar is chaired by experts with rich clinical experience, to answer the questions related to the characteristic diagnosis and treatment techniques of traditional Chinese medicine, and contribute to the clinical practice in various countries. Experts will share the clinical application of traditional Chinese medicine acupuncture, analyze the treatment regimen in depth, and provide intuitive and effective experience for the first-line treatment.</p> <p>3. Overall introduction to the speakers</p> <p>(1) Liu Zhen: president of Xiyuan Hospital of CACMS, engaged in research on digestive system diseases.</p> <p>(2) Xu Feng: director of the International Cooperation and Exchange Office of Xiyuan Hospital of CACMS, responsible for international exchange and cooperation affairs.</p> <p>(3) Dong Guojun: director of Cardiovascular Department of Xiyuan Hospital of CACMS, engaged in the research of cardiovascular and cerebrovascular diseases.</p> <p>(4) Fan Maorong: Physician from Respiratory Department of Xiyuan Hospital of CACMS, engaged in research on respiratory diseases.</p> <p>(5) Jiang Ke: physician from Acupuncture Department of Xiyuan Hospital of CACMS, engaged in acupuncture systematic disease research.</p> <p>(6) Yu Renhuan: director of Nephrology Department of Xiyuan Hospital of CACMS, engaged in nephrology research.</p> <p>(7) Rui Na: physician from Pediatric Department of Xiyuan Hospital of CACMS, engaged in research on diseases of the pediatric system.</p> <p>(8) Chen Shaojun: physician from Dermatology Department of Xiyuan Hospital of CACMS,</p>
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	<p>engaged in research on skin system diseases.</p> <p>(9) Zhang Yanhong: physician from the emergency department of Xiyuan Hospital of CACMS, engaged in research on acute and severe diseases.</p> <p>(10) Xiao Jing: physician from the Physical Therapy Department of Xiyuan Hospital of CACMS, engaged in physical therapy rehabilitation research.</p> <p>(11) Zhang Lu: director of Acupuncture Department of Xiyuan Hospital of CACMS, engaged in acupuncture and moxibustion research.</p> <p>(12) Zi Mingjie: physician from GCP Center of Xiyuan Hospital of CACMS, engaged in clinical pharmacology and acupuncture research.</p> <p>(13) Zhang Dawu: physician from Cardiovascular Department of Xiyuan Hospital of CACMS, engaged in research on cardiovascular and cerebrovascular diseases.</p> <p>4. Materials need to be prepared by the participants</p> <p>In order to facilitate communication with Chinese experts, please prepare communication materials related to the subject of the training, such as: (1) Self-introduction of your major and working institution; (2) Basis and prospect of cooperation with China; (3) Suggestions and questions about the development of the science of acupuncture.</p> <p>5. Evaluation</p> <p>Distribute and collect evaluation forms to students to evaluate the training and teaching process.</p>
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