

e-ITEC Course: The Great Buddha and its Universal Teaching of Love and Compassion

Name of Course	From	Time	Synopsis
BUDDHA'S ART OF LIVING	18-Jan-2021 to 22-Jan-2021	4.00pm to 7.00pm (in Guyana, Antigua and Barbuda, St. Kitts and Nevis and Anguilla)	These courses will unfold the life story of the great Buddha and its universal teaching of love and compassion. It will reveal his most precious gift of Vipassana Meditation to mankind. The age old technique of Vipassana meditation is capable of changing the human nature. Today every human being is in search of peace and harmony. Vipassana helps one to come out of misery, negativity of mind and brings peace & happiness.
BUDDHA'S WORDS AND TEACHING	15-Feb-2021 to 19 - Feb-2021	4.30am to 7.30am (in Guyana, Antigua and Barbuda, St. Kitts and Nevis and Anguilla)	
BUDDHA'S PATH OF LIBERATION	15-Mar-2021 to 19-Mar-2021	7.30pm to 10.30pm (in Guyana, Antigua and Barbuda, St. Kitts and Nevis and Anguilla)	